



Oregon School Activities Association

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To: Athletic Directors and Tennis Coaches

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Subject: 2021 Tennis Pre-Season Memo

The OSAA Tennis Season officially begins Monday, April 5! Here are some reminders for your season ahead.

OSAA Tennis Plan Book

<http://www.osaa.org/docs/planbooks/tnplan.pdf>

The 2020-21 OSAA Tennis Plan Book is available on the OSAA website. This plan book contains information regarding important season dates, rules information, OSAA policies, as well as Covid-19 requirements and recommendations.

2020-21 Minimum Practice Requirement

As students return to participation in activities, it is important to assess whether or not they are physically prepared to participate in competition. For the 2020-21 sports seasons, there is a minimum requirement of 5 practices that a student must participate in before they can compete against another school. If an athlete participated with a Season 2 sport, then the student would not need to meet the minimum practice requirement before competing during Season 3.

General Covid-19 OSAA Tennis Guidelines

1. Face coverings shall be worn at all times by all individuals in attendance.
2. Six feet of physical distancing measures shall be in place at all times other than when engaged in competition.
3. Sportsmanship is a key component, while physical contact of handshakes, fist-bumps, etc., are not allowed teams are encouraged to acknowledge their opponents in pregame and postgame rituals with a physical distance observance of the team's choosing.
4. Hand sanitizer or handwashing areas should be available at each court during practices or competitions.
5. Time between matches is critical for sanitation. If matches take place indoors, it is suggested that the facility is allowed enough time between matches to ensure the air is circulated appropriately and sanitation processes can take place for cleaning the equipment properly.
6. Try to restrict balls to a particular group, court or day of the week. One idea is to label them with a permanent marker.
7. Consider spraying tennis balls briefly with a [disinfectant spray](#) at the conclusion of play.

OSAA Adopted Tennis Rules

The 2020 USTA Official Rules of Tennis will be used with the following clarifications:

1. USTA Rules will govern play. All rules, such as foot faults, will be enforced.
2. A contestant may enter in one event, i.e., either Singles or Doubles.
3. It is recommended that players from the same school be dressed similarly. If any wording, other than the school name, appears on a player's uniform, it shall be no larger than 2-1/4 inches square. Players with inappropriate attire will not be permitted to participate and may be subject to delay of match penalties per USTA rules.

Tennis Reporting

<https://tennisreporting.com/>

A reminder that the OSAA has adopted Tennis Reporting as our reporting system for rosters, schedules and score submissions for Oregon high school tennis programs. Tennis Reporting will help with communication amongst coaches, leagues and the OSAA as to what is happening with high school tennis competitions happening throughout the state. Here is an informative video about Tennis Reporting: <https://www.youtube.com/watch?v=ZVEqOiqADyk&feature=youtu.be>

If you have not registered yet, please do so. There is no cost to register as a coach for an OSAA High School.

How to register for Tennis Reporting: Each school is allotted one active coach per girls team and boys team. (If you coach both boys and girls, then you will need to complete the registration process twice as you will need to register a girls team and a boys team). **Do not register for a Co-ed team.** The state of Oregon does not have co-ed tennis.

- 1-Go to TennisReporting.com
- 2-Register (***You will register as a COACH and either Male or Female depending on the gender of the team you coach***)
- 3-Fill out form completely (Division is 5A or 4A etc)
- 4-Use the discount code "tennisreporting" when prompted to pay and click Apply Code! This will give you FREE access to the site!
- *After Registering you will be able to click on the Player Icon at the top of the page and choose User Preferences and you can update your Media Contacts (Newspaper, AD, conference commissioner, etc) which will allow for easy match result submissions to be emailed to your contacts.

ROSTERS/MANAGE ROSTER: This is the area where you will add your players for your team (you can add as many as you know now and keep adding throughout your tryout process). You will want to make sure you put in their First/Last Name/Grade/Gender as these are the only required fields. All additional fields are optional.

TennisReporting@gmail.com We can quickly help you answer any questions you may have, but no questions regarding TennisReporting should be directed to the OSAA.

Updated Participation Limitations for 2021:

[PARTICIPATION LIMITATIONS](#) (OSAA Handbook, Participation Limitations, Tennis)

(Revised Summer 2020)

- A. ***Team.*** A school team shall not compete in more than ~~16 playing dates~~ **14 playing dates** ~~13 playing dates~~ at each level of competition, exclusive of the varsity district tournament and state championships. Any time a student participates representing ***their*** school, it shall count toward the school's team limitation.

Teams with limited players (no more than two) may fill open slots in a match between two other schools' teams. The match shall count as only one playing date for all teams concerned.

- B. ***Individual.*** A student shall not compete in more than ~~16 playing dates~~ **14 playing dates** ~~13 playing dates~~, exclusive of the varsity district tournament and state championships. Additionally, a student shall not compete in more than three sets per day in a dual match format. ***A varsity player may play one set or pro-set against a junior varsity player provided they complete their varsity match in straight sets.***

- C. ***Double Duals and Tournaments.***

- 1) A maximum of ~~eight playing dates~~ **six playing dates** ~~five playing dates~~ **eight playing dates** may be multiple matches in the form of double duals or tournaments.
- 2) A one-day tournament shall count as one playing date for the team. A two-day tournament shall count as two playing dates for the team.
- 3) In a double dual or tournament format, an individual may compete in a maximum of six sets per day.
- 4) In double dual play which involves three team competing in a dual format against each other in one day, a student may participate in multiple levels of play. In addition, a student may compete in both doubles and singles competitions on the same day, but not against the same school. The student may only participate in two matches or a maximum of six sets during ad double dual competition.
- 5) In tournament play, a student may participate in only one level of competition.

Health and Safety Information<http://www.osaa.org/docs/planbooks/tnplan.pdf>

The OSAA website contains a variety of information regarding heat and hydration, lightning safety, and concussion management. This page contains links to informational items that all coaches should familiarize themselves with as practices begin.

Lightning Safety Guidelines<http://www.osaa.org/docs/planbooks/tnplan.pdf>

The OSAA has made a concerted effort to educate member schools and officials associations regarding the suspension and restarting of practices and contests based on the presence of lightning or thunder. Once thunder is heard or a cloud-to-ground lightning bolt is seen, all personnel, athletes and spectators should evacuate to available safe structures or shelters.

We will continue to provide updated information on our OSAA website for both boys tennis at <http://www.osaa.org/activities/btn> and girls tennis at <http://www.osaa.org/activities/gtn>. Best of luck this season! Please let me know if you have any questions.